



DESCRIPTION

This workshop begins with a story about my mother who haunts my kitchen. Miles away, I feel her anxiety with an intimate precision. Whenever she spoke to me about sex it was only bad news, yet watching her fingers tear the taut, clear skin from pieces of goat meat and coat them with yogurt and spices, I received my erotic education. As her child, my mother's desires live an extended life through me. Because she haunts me, I know the thread that connects us is integral to the soul work I came here to do.

Who is behind you when you cook? Who moves your hands, calling you to task and what of their sought desires is fulfilled through you? What kitchen memory holds you back, makes you stiffen—even when she's not there? Haunting is not good nor bad. It simply is what energy moves through us, trying to understand itself.

This workshop calls you to have a spiritual conversation with your kitchen presence and speak back to it. (For me, one of those presences is my mom; for you it could be any person and/or memory). Folks will learn South Asian recipes that I remastered in my home kitchen and collectively prepare a meal* during the workshop.

This food healing class is inspired by the work of Eve Tuck and C. Ree, LaMonda Horton-Stallings, Sean Saifa Wall, Alexis Pauline Gumbs, generative somatics, and my mama.

*meals will meet dietary needs/restrictions of participants if given at least 5 days prior notice.

COST: \$25/per person

DATES OFFERED:

MON, MARCH 27TH, 2017, 6PM-9PM

WED, APRIL 5TH, 2017, 6PM-9PM

SAT, APRIL 15TH, 2017, 11AM-2PM

FOR MORE INFO OR TO RSVP: email sduttax@gmail.com or visit <https://www.eventbrite.com/e/mother-at-my-back-the-hands-that-haunt-our-kitchen-tickets-32944533988>